

NUH Paediatric Feeding Workshop 2026

Programme Objectives:

- To learn best practices in the assessment and management of young children with feeding difficulties.
- To facilitate the transfer of knowledge and sharing of best practices among healthcare professionals.

Day 1: 20 November 2026 (Friday)

Time	Topic	Speaker
9.00-9.15am	Introduction And Welcome Address	A/Prof Marion Aw
9.15-10.00am	Mealtime Mastery: Understanding Feeding Development in Young Children	Speech Therapist, Psychologist
10.00-10.30am	Feeding For Growth: What Children Need to Grow Well	Dietitian
10.30-11.00am	Tea Break	-
11.00-12.00pm	Best Practices in the Assessment of Feeding Difficulties: An Interdisciplinary Approach	Doctor, Dietitian, Speech Therapist, Psychologist
12.00-12.15pm	Q&A	Doctor, Dietitian, Speech Therapist, Psychologist
12.15-1.30pm	Lunch	-
1.30-2.00pm	When Mealtimes Become a Battle: Behavioural Approaches to Challenging Mealtimes	Psychologist
2.00-2.30pm	Beyond Picky Eating: Recognising Red Flags in Children with Feeding and Growth Concerns	Doctor
2.30-2.45pm	Q&A	Doctor, Psychologist
2.45-3.15pm	Tea Break	-
3.15-3.45pm	Supporting Safe and Effective Eating: Oromotor and Swallowing Management in Children	Speech Therapist
3.45-4.30pm	Putting the Pieces Together: Case Studies Part 1	Doctor, Dietitian, Speech Therapist
4.30-5.00pm	Q&A and Closing	Doctor, Dietitian, Speech Therapist

Day 2: 21 November 2026 (Saturday)

Time	Topic	Speaker
9.00-9.15am	Welcome and Recap of Day 1	A/Prof Marion Aw
9.15-10.00am	Feeding the Premature Child: Understanding Challenges and Supporting Progress	Doctor, Speech Therapist
10.00-10.45am	Navigating Feeding Challenges in Autism: Assessment, Intervention and Collaboration	Doctor, Speech Therapist
10.45-11.00am	Q&A	Doctor, Speech Therapist
11.00-11.30am	Tea Break	
11.30-12.00pm	From Play to Plate: Supporting Children on the Journey to Eating	Speech Therapist
12.00-12.30pm	When Feeding Challenges Persist: Supporting Older Children with Neurodivergent Profiles	Psychologist
12.30-12.45pm	Q&A	Speech Therapist, Psychologist
12.45-2.00pm	Lunch	
2.00-2.45pm	Beyond The Feeding Plan: Building Strong Partnerships with Families to Improve Feeding Outcomes	Speech Therapist, Psychologist
2.45-3.30pm	It Takes a Team: Tackling Complex Feeding Disorders in Children	Doctor, Speech Therapist
3.30-4.00pm	Tea Break	
4.00-4.40pm	Putting The Pieces Together: Case Studies Part 2	Doctor, Speech Therapist, Psychologist
4.40-5.00pm	Q&A and Closing	Doctor, Speech Therapist, Psychologist

****Organisers reserve the right to amend programme.***